

U P P I N G H A M

R U R A L D I S T R I C T

C O U N C I L

-----oOo-----

A N N U A L R E P O R T

of the

M E D I C A L O F F I C E R O F H E A L T H

for the

Y E A R E N D I N G

31st D E C E M B E R, 1 9 5 1

-----oOo-----



UPPINGHAM RURAL DISTRICT COUNCIL

A N N U A L R E P O R T

of the

MEDICAL OFFICER OF HEALTH

1951.

Mr. Chairman, Lady and Gentlemen,

In accordance with the instructions of the Ministry of Health, I deal briefly in this report with matters within my responsibility regarding public health and preventive medicine, and the report is on the same lines as that of last year.

GENERAL STATISTICS

| | | | | | | |
|---|-----|-----|-----|-----|-----|---------|
| Area (in acres) | ... | ... | ... | ... | ... | 24,735 |
| Registrar General's Estimate of population | .. | ... | | | | 6,056 |
| Number of inhabited houses at the end of 1951 | | | | | ... | 1,821 |
| Rateable value | ... | ... | ... | ... | ... | £33,144 |
| Net product of a penny rate | ... | ... | ... | ... | £ | 134 |

VITAL STATISTICS

| | | <u>Males</u> | <u>Females</u> | <u>Total</u> |
|--------------|--------------|--------------|----------------|--------------|
| Live Births | - Legitimate | 41 | 42 | 83 |
| | Illegitimate | - | 4 | 4 |
| | | ----- | ----- | ----- |
| | | 41 | 46 | 87 |
| | | ===== | ===== | ===== |
| Still Births | - Legitimate | 1 | - | 1 |
| | Illegitimate | - | - | - |
| | | ----- | ----- | ----- |
| | | 1 | - | 1 |
| | | ===== | ===== | ===== |

| | <u>Rate for District</u> | <u>Rate for England and Wales</u> |
|---|--------------------------|-----------------------------------|
| Birth Rate | 14.3 | 15.5 |
| Death Rate | 7.9 | 12.5 |
| Infant Mortality Rate per 1,000 live births | 11.4 | 29.6 |

These rates are very satisfactory and show that the health of the district has been very good during the year. It is particularly pleasing to record that there was only one death in an infant under one year of age.

| <u>CAUSES OF DEATH</u> | <u>Male</u> | <u>Female</u> |
|--|-------------|---------------|
| Whooping Cough | 2 | - |
| Malignant neoplasm, stomach | 1 | 2 |
| Malignant neoplasm, lung, bronchus | - | 1 |
| Malignant neoplasm, uterus | - | 3 |
| Other malignant & lymphatic neoplasms | 3 | 1 |
| Diabetes | - | 1 |
| Vascular lesions of nervous system | - | 2 |
| Coronary disease, angina | 3 | 1 |
| Hypertension with heart disease | 2 | - |
| Other heart disease | 4 | 9 |
| Influenza | 1 | - |
| Pneumonia | 2 | - |
| Bronchitis | 2 | 5 |
| Ulcer of stomach and duodenum | - | 1 |
| Nephritis and nephrosis | 3 | - |
| Hyperplasia of prostate | 1 | - |
| Other defined and ill-defined diseases | 4 | 2 |
| All other accidents | 1 | 1 |
| | ----- | ----- |
| | 29 | 29 |
| | ===== | ===== |

PREVALENCE OF AND CONTROL OVER INFECTIOUS
AND OTHER DISEASES

The incidence of notifiable disease has been light.

Notifiable disease (other than Tuberculosis) during the year 1951

| <u>Disease</u> | <u>Total cases notified</u> | <u>Cases admitted to hospital</u> | <u>Total Deaths</u> |
|--------------------|-----------------------------|-----------------------------------|---------------------|
| Pneumonia | 3 | - | 2 |
| Measles | 14 | - | - |
| Whooping Cough | 5 | - | 2 |
| Puerperal Pyrexia. | 1 | - | - |
| Dysentery | 1 | - | - |

| <u>Disease.</u> | <u>Under 1</u> | <u>1 2</u> | <u>2 3</u> | <u>3 4</u> | <u>4 5</u> | <u>5 10</u> | <u>10 15</u> | <u>15 25</u> | <u>25 35</u> | <u>35 45</u> | <u>45 64</u> | <u>65 & over</u> |
|-------------------|----------------|------------|------------|------------|------------|-------------|--------------|--------------|--------------|--------------|--------------|----------------------|
| Pneumonia | - | - | - | - | - | - | - | - | - | 1 | - | 2 |
| Measles | - | - | 2 | 5 | 3 | 2 | 2 | - | - | - | - | - |
| Whooping Cough | - | 1 | - | - | 1 | 3 | - | - | - | - | - | - |
| Puerperal Pyrexia | - | - | - | - | - | - | - | - | - | 1 | - | - |
| Dysentery | - | - | - | - | - | - | - | - | - | - | - | 1 |

Tuberculosis

New cases and mortality during 1951

| Age Groups | NEW CASES | | | | DEATHS | | | |
|------------|-----------|---|---------------|---|-----------|---|---------------|---|
| | Pulmonary | | Non-Pulmonary | | Pulmonary | | Non-Pulmonary | |
| | M | F | M | F | M | F | M | F |
| 5 - 15 | 1 | - | - | 1 | - | - | - | - |
| 15 - 25 | 1 | - | - | - | - | - | - | - |
| 25 - 35 | - | 1 | - | - | - | - | - | - |
| 35 - 45 | - | - | - | - | - | - | - | - |
| 45 - 65 | - | 1 | - | - | - | - | - | - |
| Over 65 | - | - | - | - | - | - | - | - |

TYPE OF DISTRICT

The district is almost entirely agricultural.

GENERAL PROVISION OF HEALTH SERVICE
FOR THE AREA.

Public Health Officers of the Authority.

Medical Officer of Health - John Young, M.B., Ch.B., D.P.H. Camb.
The Medical Officer of Health acts for the Leicestershire and Rutland Combined Districts in which this District is included.


Sanitary Inspector & Surveyor - Alan J. Birkett, Cert. R.S.I. and Liv. University.

During the year the appointments of Surveyor and Sanitary Inspector were combined into one office, this appointment being a return to previous Council policy.

Laboratory Facilities.

The following examinations were carried out during the year at the Public Health Laboratory, Leicester :-

| | | | | | |
|----------|-----|-----|-----|-----|----|
| Faeces | ... | ... | ... | ... | 2 |
| Urine | ... | ... | ... | ... | 2 |
| Expectum | ... | ... | ... | ... | 1 |
| Blood | ... | ... | ... | ... | 2 |
| Water | ... | ... | ... | ... | 9 |
| Milk | ... | ... | ... | ... | 34 |



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SANITARY CIRCUMSTANCES OF THE AREA

Water

The water supply for the district is derived as follows :-

- (a) to Uppingham by the Uppingham Waterworks Co.
- (b) to Lyddington in bulk from the Uppingham Waterworks Co.
- (c) to the rest of the district comprising 17 villages, water is derived from shallow wells and boreholes.

Quantity and Quality

- (i) Bacteriological examinations of the piped supply to Uppingham were made and the results were satisfactory.
- (ii) There is no tendency to plumbo-solvency in the water supplies, and no action was taken during the year in this respect.
- (iii) All villages using shallow wells are advised to boil drinking water.
- (iv) No acute shortage of water was reported during the year.
- (v) Uppingham.

| | | |
|---|---|-------|
| Number of houses supplied from public water mains | - | 633 |
| direct. | | |
| Number of population supplied from public water | - | 2,117 |
| mains directly connected. | | |
| Stand pipes | | nil |
- (vi) Lyddington

| | | |
|---|------|-------|
| Number of houses supplied from public water mains | - | 52 |
| direct to houses. | | |
| | Pop. | - 140 |
| Stand pipes | ... | 55 |
| | Pop. | - 170 |
- (vii) All other Parishes are supplied from shallow wells etc. The Parishes of Ayston and Thorpe-by-Water will be connected to the Uppingham Main supply during 1952. The work of laying of mains was in progress at the end of the year. The Scheme for the supply of water to six villages in the Eastern part of the district from a borehole at North Luffenham was before the Ministry for consideration at the end of the year.

Drainage and Sewerage

The following areas are sewered :-

Uppingham.
Lyddington Village.
Belton.
Glaston.
Certain portions of Preston.

At Uppingham a Scheme was approved by Council and submitted to the Ministry for approval to drain the Ayston Road area of the town and to provide sewerage facilities for future housing projects of the Council. Alterations at the Uppingham Works were in progress at the end of the year and the land available for irrigation purposes has been considerably increased.

Sanitary Circumstance of the Area (Continued)

Closet Accommodation

Total number in the district at the end of 1951 :-

| | | | | | |
|-------------------|-----|-----|-----|-----|-----|
| (a) Privies | ... | ... | ... | ... | 48 |
| (b) Pail Closets | ... | ... | ... | ... | 900 |
| (c) Water Closets | ... | ... | ... | ... | 823 |

Public Cleansing

During the year the systematic scavenging of the whole district has been continued once per fortnight, plus certain additional collections, from hotels and School Houses. Household refuse continues to become lighter and bulkier in nature.

SANITARY INSPECTION OF THE AREA.

The particulars given under this heading are for all purposes, including particulars given elsewhere in the report.

| | | | | |
|---|-----|-----|-----|----|
| Total number of complaints received | ... | ... | ... | 94 |
| Total number of defects or nuisances discovered | ... | ... | ... | 53 |

Nature of inspections :-

| | <u>Inspections</u> | <u>Re-visits</u> |
|--------------------------------|--------------------|------------------|
| Dwelling houses (all purposes) | 284 | 370 |
| Tents, Vans, etc. | 8 | 10 |
| Food premises | 74 | 30 |
| Offensive trades | - | - |
| Factories and Workshops | 14 | 12 |
| Shops | 62 | 50 |
| Other premises | 202 | 170 |
| | <u>644</u> | <u>642</u> |

Notices

Preliminary

| | <u>Housing</u> | <u>Other</u> |
|-----------------------------------|----------------|--------------|
| Outstanding on 1st January, 1951 | 2 | - |
| Issued during the year | 7 | 6 |
| Complied with during the year | 7 | 6 |
| Statutory action necessary | - | - |
| Outstanding on 31st December 1951 | 2 | - |

Statutory

| | | |
|-----------------------------------|---|---|
| Outstanding on 1st January 1951 | - | - |
| Issued during the year | - | - |
| Complied with during the year | - | - |
| Outstanding on 31st December 1951 | - | - |

H O U S I N G

General

Reconditioning of certain properties has continued throughout the year. Due to licensing restrictions, much essential work to dwelling houses has been curtailed.

The results of long delay in repairing properties and in general maintenance, which has occurred since the war are becoming increasingly apparent throughout the district.

Demolition of previously scheduled properties subject to confirmed demolition orders has been pressed for during the year.

Inspection of Dwelling Houses during the year.

1. (a) Total number of dwelling houses inspected
for housing defects (under Housing Acts) ... 41
(b) Number of inspections made for the purpose .. 97
2. Number of dwelling houses (exclusive of those
referred to under the preceding sub-head)
found not to be in all respects reasonably fit
for human habitation 6

Remedy of Defects during the year without Service of Formal Notice.

Number of defective dwelling houses rendered fit in
consequence of informal action by the Local Authority
or their Officers 14

Post War Housing

During the year 13 houses were erected in the district.

On the 31st December, 1951 there were 305 applicants for Council Houses on the register.

SUPERVISION OF FOOD

Milk Supply

The control of Cowsheds and Dairies, under the new Milk and Dairies Orders, remains with the Ministry of Agriculture and Fisheries, with whom there is good co-operation concerning improvements etc. During the year the Public Health Laboratory at Leicester arranged to examine milk samples biologically from the district. Accordingly thirty-four samples were taken during the year and forwarded to the Laboratory for examination.

In connection with a case of undulant fever reported from the R.A.F. Camp at North Luffenham, investigation was made of the milk supply. Samples from the Producer concerned revealed the presence of brucella abortus in the cattle. The matter was referred to the Animal Health Division of the Ministry of Agriculture & Fisheries for their attention.

Meat and Other Foods

Regular inspections of food premises and shops were continued during the year. By the end of the year the Council had approved Model Byelaws for the Handling & Wrapping of Food, which were due to come into force at the beginning of 1952. It is hoped to encourage the shopkeepers selling food to become more hygiene conscious.

Supervision of Food (Continued)

The following foods were examined and found unfit for human consumption:-

1-lb. 4 ozs. tinned fish.
93-lbs. tinned meat (various).
70-lb. carcass of mutton.
1 beast's liver.
1 - 1-lb. tin Fruit.
3 - 1 doz. Boxes of Danish Cheese.

NATIONAL ASSISTANCE ACT, 1948

Section 47, Removal to suitable premises of persons in Need of care and attention. No action was taken by the Council under this Section during the year.

I have the honour to be,

Your obedient Servant,

JOHN YOUNG

Medical Officer of Health.

10, High Street,
Melton Mowbray.

